

*really*  
**Are they OK?**

**Ask them  
today**

# CONVERSATION STARTERS

Are you OK?

What's up?

How are you  
finding school?

How are  
things at  
work?

What was  
the best part of  
your day?

Want to  
catch up?

How was your  
weekend?

Can you tell  
me a bit more  
about that?

How are you  
finding things at  
the moment?

How are you  
doing with  
everything that's  
going on?

Have you been  
feeling that way  
for a while?

How are  
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